

Spring 2007

# Riding High



Richmond Therapeutic Equestrian Society  
13671 No. 3 Road, Richmond BC V7A 1X7 604-241-7837

[www.rtesrichmond.com](http://www.rtesrichmond.com)



## Mark This Date!

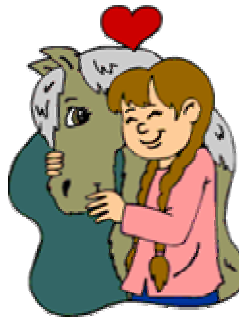
**Sunday, April 29th**

**11th Annual Sparkling  
Champagne Luncheon**

**page 2 for details....**

## Looking Forward in 2007

At RTES we truly believe in our programs and have seen the remarkable benefits therapeutic riding offers children with their own challenges.



This is what drives us to ensure that we will not only raise the funds needed, but find new funding sources and new ideas for fund raising.



Kudos to the Parent Committee for selling chocolate horseshoes during the holiday season. Their efforts raised \$3,730 for RTES.

Chocolate horseshoes can be purchased from Marie Murtagh by emailing her at [illawarra@shaw.ca](mailto:illawarra@shaw.ca).

Many thanks to Marie and the Parents' Committee as well as all of you who supported us by purchasing them.

Your financial support assists us in planning riders' progression, horse training, instructor development and volunteer recruitment.

If you have ideas to help us raise funds or know of organizations which may be able to assist us, please contact:

Kitty Cairns:

Phone: 604-241-7837

Email: [admin\\_rtes@shaw.ca](mailto:admin_rtes@shaw.ca)

## Calendar of Events:

- Spring Session—10 weeks  
Apr 2 to Jun 11
- Summer Session—9 wks  
Jun 25 to Jul 23
- Summer Camp—1 week  
Jul 30 to Aug 2
- Fall Session—10 weeks  
Sep 24 to Dec 3

**Note: There may be slight changes in the schedule**

## Team Planning

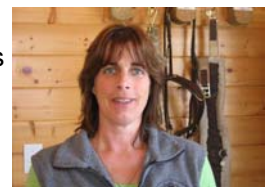


L to R: Kitty Cairns,  
Erin McRae,  
Sandra Evans

We're welcoming Erin back in February. Erin has been off work for medical reasons and was sorely missed by students and staff alike.

Head Instructor Sandra will focus on strengthening our foundation, making plans for the changing requirements of our riders and leading our great team.

Joan Simmons



Instructors Erin and Joan will continue to work on rider development as well as volunteer recruitment and training.

Administrative Assistant Kitty will streamline our admin systems as well as help the Parent Fundraising Committee when needed.

**Help us make a difference in a child's life....**

*Can you or someone you know donate auction items?*

*Every contribution helps!*

*Did you hear about the horse that got a job in a watch factory?*

*All he did was stand around making faces.*



## Sparkling Champagne Luncheon!

Join local politicians, community leaders, parents and board members for our 11th annual luncheon and fundraiser.

Once again Fire Chief Jim Hancock will be MC and Councillor Bill McNulty will be Auctioneer—what a show! Both live and silent auctions will feature great services and products donated by our many supporters throughout the community.

**Something for everyone!**

**Sunday—April 29, 2007**

**11:30 a.m.—2:30 p.m.**

Executive Airport Plaza & Conf. Centre  
7311 Westminster Highway, Richmond

Tickets \$40.00 per person  
Table of 10—\$390.00

Call Frances Clark 604 277 3158  
or 604 232 2404

Or call RTES 604 241 7837

## Volunteering

Looking for a rewarding volunteer opportunity?

We are always looking for new members of our volunteer family.

Contact Volunteer Coordinator,  
Joan Simmons

Phone: 604-241-7837

Email: [volunteer\\_rtes@shaw.ca](mailto:volunteer_rtes@shaw.ca)



## Who is CanTRA?

Founded in 1980, the Canadian Therapeutic Riding Association (CanTRA) is a registered charity that promotes challenge, achievement and empowerment for children and adults with disabilities through the use of the horse.

CanTRA has worked to ensure an excellent standard of certification and education for therapeutic riding instructors.

CanTRA as a national body acts as a resource for its members through certification, education, accreditation and insurance, and its strength lies in its local centres across the country.

Each centre offers a program with a slightly different focus and many medical professionals work with CanTRA to ensure excellence in service delivery.

All RTES instructors are certified through CanTRA and will be attending the Spring Conference.

*CanTRA's Spring Conference "The Power of the Horse" will be held in Duncan, BC, from May 4th to 6th.* For more information about CanTRA as well as the conference and upcoming workshops, please visit [www.cantra.ca](http://www.cantra.ca), email [cra@golden.net](mailto:cra@golden.net) or call the office at 519-767-0700.

## Colouring Contest for RTES Riders

Would you like to win a very *special prize*? Simply print this page, do your best coloring and put your entry in the Contest Entry Box at RTES when you have your lesson. *Contest deadline extended to April 9th!*

Be sure to fill in the following: Name \_\_\_\_\_ Age: \_\_\_\_\_ Phone: \_\_\_\_\_

Picture courtesy of Constable Mike Kuncewicz of the Vancouver Mounted Police Squad



©Kuncewicz

They all love a good brush down.

*Send your story, joke, drawing, puzzle, photo or interesting ideas...*

*We'd love to publish yours!*

### *Interesting Horse Fact...*

*Draught Horses are the world's strongest animal apart from elephants*



## Did You Know...

Everyone knows that **baby horses are called foals.**

Young male horses are called **colts**, while young female horses are called **fillies.**

Young horses are called colts and fillies up until the age of 3.

Yearlings are colts or fillies who are a year old.

When a horse is born, it's legs are almost their full adult length.

This gives them that cute "long-legged look" we all love so much.

## Have you ever wondered why foals all seem to be born around the same time?



Most foals are born at night so as not to be seen and to be safer from predators like lions.

The best time for a foal to be born is in the spring, when the weather is warmer and the lush grass is at its best for it's mother.

A newborn foal can stand up an hour after being born and can keep up with the rest of the herd within 24 hours!

When first born, foals cannot eat grass because their legs are too long to reach it!

## Richmond Library Recommends Reading....

**Grades 1 & Up**  
Pony Crazy Princess (series)

**Grades 3 & up**  
Heartland Series  
by Brooke Lauren

Man O'War  
by Walter Farley

Misty of Chincoteague  
by Marguerite Henry

Chicken Soup for the Horse Lover's Soul

National Velvet  
by Enid Bagnold

**Grades 4 & Up**  
Black Beauty  
by Anna Sewell

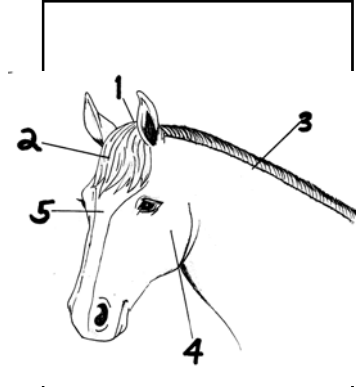
Stealing Thunder  
By Mary Casanova

Flicka  
by Kathleen Weidner Zoehfeld

**Grades 5 & Up**  
Shadow Horse  
by Alison Hart

**Grades 7 & Up**  
Blue Roan Child  
by Jamieson Findlay

# Photos, Fun, Puzzles and More.....



*Can you name that part?*

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_

**Match the names on the left to the descriptions on the right**

(example)

- |            |   |             |
|------------|---|-------------|
| 1. Gait    | A. Different kinds of horses or other animals | _____ (1 E) |
| 2. Mare    | B. Person who puts shoes on horses            | _____       |
| 3. Hand    | C. Little or long hair around horses' feet    | _____       |
| 4. Farrier | D. Baby horse                                 | _____       |
| 5. Tack    | E. How fast or slow a horse is going          | _____       |
| 6. Breed   | F. To clean, bathe & brush a horse            | _____       |
| 7. Groom   | G. Measurement of horse's height              | _____       |
| 8. Mount   | H. Adult female horse                         | _____       |
| 9. Feather | I. To "climb" on to the saddle of a horse     | _____       |
| 10. Foal   | J. Equipment used to ride a horse             | _____       |

How many did you get right?  
(answers on last page)



*We're on the Web*

*[www.rtesrichmond.com](http://www.rtesrichmond.com)*

### **Our Mission**

To provide a quality therapeutic riding program for children and youth with disabilities in order to promote physical, social and psychological well being

### **Richmond Therapeutic Equestrian Society**

13671 No. 3 Road, Richmond, BC V7A 1X7

email: [admin\\_rtes@shaw.ca](mailto:admin_rtes@shaw.ca)

Phone: 604-241-7837

Fax: 604-241-7858

Fundraising and Special Events

Phone: 604-277-3158

**Donation forms using Visa or Mastercard can be downloaded from our website  
You'll also find a "Wish List" should you want to help in other ways**

### **RTES Membership (\$25 annually) and Donation Form**

All donations are tax deductible. Registered Charity No# 1063429-56

I wish to support the Richmond Therapeutic Equestrian Society.

Enclosed is \$\_\_\_\_\_ for Membership and/or \$\_\_\_\_\_ for Donation

Date \_\_\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ Postal Code \_\_\_\_\_

Answers to Page 5  
"Match the Name to the Descriptions"

1 E	6 A
2 H	7 F
3 G	8 I
4 B	9 C
5 J	10 D

Answers to Page 5  
"Name That Part"

1. Poll
2. Forelock
3. Crest
4. Cheek
5. Blaze